## Harris Creek K-5 Remote Learning Schedule Spring 2020

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| --- | --- | --- | --- | --- | --- |
| **Recommended Time** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| 8:15am-8:45am | **Physical Activity/ Prepare for Learning- Parent/Student Directed** | | | | |
| 8:45am-9:30am | **ELA** | **Math** | **ELA** | **Math** | **Instructional Support:**  Teachers work with students in strategic groups based on need. |
| 9:30am-9:45am | **Read to Self/Someone, or Listen to a book** | **Read to Self/Someone, or Listen to a book** | **Read to Self/Someone, or Listen to a book** | **Read to Self/Someone, or Listen to a book** |
| 9:45am-10:15am | **Science/Social Studies** | **Science/Social Studies** | **Science/Social Studies** | **Science/Social Studies** |
| 10:15am-10:45am | **Art** | **PE** | **Music** | **STEM** | **Choice** |
| 11:00am-1:00pm | Lunch *(as aligned with the WCPSS remote lunch deliveries)* | | | | |
| 1:00pm-2:00 pm | **Staff Office Hours:***All certified staff will hold daily office hours during the normal school day hours. Please check with the individual teacher or staff member for the specific 1 hour time frame. All staff are expected to communicate when their office hours will be. Office hours are a time to connect one-on-one with students, to respond to student questions and needs, and to provide additional support.* | | | | |

**Physical Activity Ideas:** Walk, Play Outside, Jumping Jacks, Yoga, YouTube Exercise Videos, ideas from PE Teacher **Choice Activity Ideas:** Lego, Puzzles, Crafts, Ideas from Art, Music, and Dance Teacher, Work on something that interests you, Play Games **The block of time for each content area** might include pre-recorded teacher lead instruction and student practice.

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## Harris Creek ECS Remote Learning Schedule Spring 2020

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| --- | --- | --- | --- | --- | --- |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
| 30 min | Wake up/ Daily Living Skills/ Breakfast/ Physical Activity- Parent & Student Directed | | | | |
| 30 min | Morning Meeting | | | | **Instructional Support:**  Teachers work with students in strategic groups based on need. |
| 30 min | ELA | | | |
| 5 min | Movement Break/ Song | | | |
| 30 min | Math | | | |
| 5 min | Movement Break/ Song | | | |
| 10 min | Snack | | | |
| 30 min | Science/Social Studies | Science/Social Studies | Science/Social Studies | Science/Social Studies |
| 10 min | Afternoon Meeting | | | | |
| 11:00-1:00 | Lunch *(as aligned with the WCPSS remote lunch deliveries)* | | | | |
| 1:00-2:00 | **Staff Office Hours:***All certified staff will hold daily office hours during the normal school day hours. Please check with the individual teacher or staff member for the specific 1 hour time frame. All staff are expected to communicate when their office hours will be. Office hours are a time to connect one-on-one with students, to respond to student questions and needs, and to provide additional support.* | | | | |

Suggested Activities:

|  |  |
| --- | --- |
| Daily Living Skills | Wash face, brush teeth, make bed, help make breakfast, clean up breakfast |
| Physical Activity | Go for a walk, sets of simple exercises, exercise video, climb stairs (if available) |
| Movement Break | GoNoodle, YouTube (Laurie Berkner, Patty Shukla) |
| Interactive Games/ Activities | Starfall |
| Afternoon Meeting | Journaling events from the day, read aloud from a book, talk about feelings |

[ULS virtual learning webinars](https://pd.n2y.com/learn/lp/21/preparing-for-remote-learning-covid-19)

* Schools will need to include 2 hours per day Monday-Thursday of **continuous learning and support opportunities** for students which may include a pre-recorded mini-lesson facilitated by the teacher/PLT, opportunities for special education teachers and related providers to contact and engage with students, and independent student work time.
* Lunch times should align with the WCPSS feeding sites (11:00 am-1:00 pm).
* “Real time” or live opportunities for continuous learning should be places where we are getting students to interact, where concepts are modeled / demonstrated, there may be small group discussion / work, etc. Real time/live learning sessions cannot be recorded.
* Lessons must be co-planned by the PLT and relevant Special Education staff where appropriate. Accommodations & modifications will need to be considered when building continuous learning opportunities (both real time/live and pre-recorded).